



Helping singles discover their *best possible life!*



Life Coaching, Dating
and Relationship
Consulting

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Heartmind Connections

[Feature Article:](#) *How to Face Your Halloween Dating Fears!*

Dating can be really scary! You just don't know which characters you will run into. When going to singles events or dating online it's as if you are going to a costume party! However, if you face your demons, you will find out that they aren't as scary as they once appeared. So who or what is holding you back from going out there to date this month of ghoulish Halloween?

These casts of gremlins that you may run into the next singles party or event!

1. *The Rejecting Black Cat*- This gremlin rejects your advances. She makes your self-esteem plummet! She won't even cross your path. Just know it's her issue and if she was a friendly cat, she would be open to hanging out with you!
2. *Mirror- Mirror* – This gremlin requires that you take a good look at yourself in the mirror to access what you may be doing to turn off suitors or if you have an attitude that is not friendly and inviting that makes you seem aloof. Once you see what's really going on, you can fix yourself up and have more success with dating.
3. *Father Time Clock* -- This one gets scarier and scarier as time goes on. Do you feel time running out for you? Are you saying to yourself that you are too old to date? Hogwash! People get into serious relationships and may even marry at 80's as they do in their 30's. It's

good to know Father Time Clock is there, but don't give him much power over you!

4. *The Bad Date Devil* – Yes, when you go out and date you may have to put up with some bad dates! Know that's part of the process. This Devil is not such a bad guy, just not right for you. Know that you can move onto the next date who will hopefully be an angel!
5. *The Bad Wolf Guy in Sheep's costume* – He looks like a nice guy but his wolf ears are sticking out! You don't see them at first. He is charming, strings you along and then, when you fall for him, his true wolf-self comes out. And hopefully, it's not too late! Learn to better detect the personality of the wolf to see through his sheep costume.

How do you make friends with these gremlins? By knowing they exist and not to be afraid of them. Also, know that you can handle meeting them and even a date or conversation with them. They provide you with information. There are plenty of characters in the room. Just move onto someone who is more in line with what you are looking for – like those angels and good witches!

If you enjoyed this newsletter, please pass it along to your friends and associates.

Do you enjoy reading the latest monthly Heartmind Connections ezine? I would love to hear your comments on my ezine and any suggestions you may have for future issues. You may contact me at: coachamy@heartmindconnection.com. Please feel free to forward to any of your friends who may be interested in learning more about dating and relationships.

Amy's Vision:

“As a personal life coach, my goal is to bring you the information you need to make intelligent and heartfelt decisions about the most significant relationship in your life. We all desire our best life possible. My hope is that you find this information helpful and achieve all your life long dreams.”

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Helping s.ingles create their best possible lives!

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