



Helping singles discover their *best possible life!*

Dating Turnoffs

Based upon my questionnaire for singles, the following dating “turnoffs” were prevalent:

- Appearing nervous and anxious on the date
- Appearing high maintenance?
- Not mentioning that you have children upfront
- **Lying about some personal aspect prior to first meeting**, i.e., truth in advertising (age, career, weight, financial situation)
- **A cheap guy**: i.e., the guy expecting the gal to pay exactly half
- Talking about your ex
- **Arrogant assumptions** (Assuming your date likes everything you do!— plans, food, activities)
- **Crude remarks or insensitivity**
- **Rude Behavior** (Bad manners towards waiters and other service people)
- Bragging about your salary or material stuff
- Giving third degree questioning like you are a reporter on *60 Minutes!*
- Taking out your glass eye and other disgusting habits
- **A person not well-groomed or sloppy** (self, home, car)
 - Poor shaving, bad breath, wrinkled clothes, unkempt hair, and beard, body-odor
- **Not able to hold a two way conversation** (like pulling teeth!)
- Acts like the date is a business meeting

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- Overly eager person who is over the top! (big bouquet on first date)
 - **Someone not considerate of your time**
 - Waits until the day of the date to finalize plans for the date
 - Coming late for the date with no good reason and no call telling you that they'd be late.
 - An overly scheduled person (Too many things planned: Both for the date and after the date)
 - Trying to get too personal on the first couple of dates. Don't let it all hang out yet.
 - **Unreliable- not following through on what you said you would do, when you said you would do it**
 - **Too "hands on" on the first date** (before getting to know you or getting the green light!)
 - Unrealistic expectations: instant relationship (Expects there is a relationship before there really is one).
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Heartmind Connection™ Coaching

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